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# LIVING MINDFULLY

Mondays 10th October – 28th November
BOOKING FORM

| | |
|---|---|
| Name | |
| Address | |
| | |
| Telephone | |
| Email Address | |
| DoB | |
| Gender * | |
| Ethnicity * | |
| **PLEASE TICK WHICH SESSION(S) YOU ARE BOOKING** | |
| Full course | |
| 2nd June | |
| 9th June | |
| 16th June | |
| 23rd June | |
| 30th June | |
| 7th July | |
| 21st July | |
| 28th July | |
| Please tell us where you heard about MCTC | |

Cost £20.00 Per Session
£120.00 Full Course (**booked and paid in advance**)

- I enclose a cheque for £ ☐
- I am paying by BACs (Ref: Your Name + Mindfulness16) ☐

  *A/C Number 65466689 Sort code 08-92-99*

- Cheques payable to MCTC

Signed.....Date.....

***Please post or email to address above***

* This information is for statistical analysis only & will be used anonymously in published data, securing funding etc

Full Ts and Cs on website